



# Local Mental Health Resources

## Local Therapy Providers:

### **Northland Counseling –**

1902 Valley Pine Center International Falls, MN

(218) 283-3406 – sees children in LOTW school and via telehealth

### **Stellher Human Services –**

Baudette, MN (218) 395-6080 – tell them you want an appointment in the Baudette office

### **CHI Lakewood Behavioral Health –**

600 Main Ave S Baudette, MN (218) 634-3491

## Peer Support Providers:

### **Virtual Peer Support Network –**

Available everyday from 9am-5pm

Call: 1(646) 558-8656

Zoom ID: 439-275-1585

### **Peer Support Connection MN Warmline–**

Available everyday from 5pm-9am

Call: 1(844) 739-6369

### **Senior Life Solutions–**

600 Main Ave S Baudette, MN

(218) 634-5372

## Local 24-Hour Crisis Hotline:

Call or Text 988

## Med. Management/ Psychiatry Services

### **Rural Psychiatry Associates–**

519 Anne Street NW Suite A Bemidji, MN

(855) 905-7875

Available via telehealth

### **(Adults) Schackman Kramer & Associates –**

1526 30th St NW Bemidji, MN

(218) 751-0887 – Available 1 day a month in Baudette

### **Amy Moser MHNP-BC CHI Lakewood Behavioral Health–**

600 Main Ave S Baudette, MN

(218) 634-3491

**988**  
SUICIDE  
& CRISIS  
LIFELINE

There is hope

Talk with us. If you or someone you know needs support now, call or text **988** or chat **988lifeline.org**

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